

# **JOHN BURROUGHS HIGH SCHOOL ATHLETICS**

| <b>2023-2024</b>         | <b>Fall<br/>5 Week</b>  | <b>Fall<br/>10 Week</b> | <b>Fall<br/>15 Week</b>   | <b>Fall<br/>20 Week</b> | <b>Spring<br/>5 Week</b>  | <b>Spring<br/>10 Week</b>   | <b>Spring<br/>15 Week</b> | <b>Spring<br/>20 Week</b> |
|--------------------------|---|-------------------------|---|-------------------------|---|---|---------------------------|---------------------------|
| <b>FALL SPORTS</b>       |   |                         |   |                         | <b>FALL SPORTS</b>  |   |                           |                           |
| <b>Football</b>          | <b>IN SEASON</b><br><i>Competition : August 7-October 27 / Varsity Playoffs begin Nov. 3</i>  |                         |   |                         | CONDITIONING  |   |                           |                           |
| <b>Girls Golf</b>        | <b>IN SEASON</b><br><i>Competition : August 21-October 21 / Individual Regionals</i>  |                         |   |                         | CONDITIONING  |   |                           |                           |
| <b>Boys Water Polo</b>   | <b>IN SEASON</b><br><i>Competition : August 21-October 28 / Varsity Playoffs begin Oct. 31</i>  |                         |   |                         | There is no Water Polo Conditioning in the spring. Boys can move into swim. 9th and 10th graders who do not want to swim must move into zero period PE. 11th and 12th graders can be a TA or in study hall. |   |                           |                           |
| <b>Girls Volleyball</b>  | <b>IN SEASON</b><br><i>Competition : August 12-October 14 / Varsity Playoffs begin Oct. 19</i>  |                         |   |                         | CONDITIONING  |   |                           |                           |
| <b>Girls Tennis</b>      | <b>IN SEASON</b><br><i>Competition : August 21-October 28 / Varsity Playoffs begin Nov. 1</i>   |                         |   |                         | CONDITIONING  |   |                           |                           |
| <b>Cross Country</b>     | <b>IN SEASON</b><br><i>Competition : August 31-November 4 / Varsity Playoffs begin Nov. 10</i>  |                         |   |                         | There is no Cross Country Conditioning in the spring. 9th and 10th graders must be enrolled in zero period PE or another sport. 11th and 12th graders can be a TA or in study hall.                         |   |                           |                           |
| <b>WINTER SPORTS</b>     |   |                         |   |                         | <b>WINTER SPORTS</b>  |   |                           |                           |
| <b>Girls Soccer</b>      | CONDITIONING  |                         | <b>IN SEASON</b><br><i>Competition : November 13-February 3 / Varsity Playoffs begin Feb. 8</i> |                         |   | 9th and 10th graders must be enrolled in zero period PE or another sport. 11th and 12th graders can be a TA or in study hall. |                           |                           |
| <b>Boys Soccer</b>       | CONDITIONING  |                         | <b>IN SEASON</b><br><i>Competition : November 13-February 3 / Varsity Playoffs begin Feb. 7</i> |                         |   | 9th and 10th graders must be enrolled in zero period PE or another sport. 11th and 12th graders can be a TA or in study hall. |                           |                           |
| <b>Girls Basketball</b>  | CONDITIONING  |                         | <b>IN SEASON</b><br><i>Competition : November 13-February 3 / Varsity Playoffs begin Feb. 8</i> |                         |   | CONDITIONING  |                           |                           |
| <b>Boys Basketball</b>   | CONDITIONING  |                         | <b>IN SEASON</b><br><i>Competition : November 13-February 3 / Varsity Playoffs begin Feb. 7</i> |                         |   | CONDITIONING  |                           |                           |
| <b>Girls Water Polo</b>  | CONDITIONING  |                         | <b>IN SEASON</b><br><i>Competition : November 13-February 3 / Varsity Playoffs begin Feb. 6</i> |                         |   | Girls can move into swim. 9th and 10th graders who do not want to swim must move into zero period PE.                         |                           |                           |
| <b>SPRING SPORTS</b>     |   |                         |   |                         | <b>SPRING SPORTS</b>  |   |                           |                           |
| <b>Baseball</b>          | There is no Baseball Conditioning in the fall, 9th and 10th graders must be enrolled in zero period PE or another sport. 11th and 12th graders can be a TA or in study hall until the season starts.    |                         |   |                         | <b>IN SEASON</b><br><i>Competition : February 10-April 27 / Varsity Playoffs begin May 2</i>  |   |                           |                           |
| <b>Softball</b>          | There is no Softball Conditioning in the fall, 9th and 10th graders must be enrolled in zero period PE or another sport. 11th and 12th graders can be a TA or in study hall until the season starts.    |                         |   |                         | <b>IN SEASON</b><br><i>Competition : February 10-April 27 / Varsity Playoffs begin May 2</i>  |   |                           |                           |
| <b>Swim</b>              | There is no Swim Conditioning in the fall, 9th and 10th graders must be enrolled in zero period PE or another sport. 11th and 12th graders can be a TA or in study hall until the season starts.        |                         |   |                         | <b>IN SEASON</b><br><i>Competition : February 17-April 27 / Varsity Playoffs begin April 30</i>   |   |                           |                           |
| <b>Boys Golf</b>         | CONDITIONING  |                         |   |                         | <b>IN SEASON</b><br><i>Competition : February 24-May 4 / Individual Regionals</i>   |   |                           |                           |
| <b>Boys Tennis</b>       | There is no Boys Tennis Conditioning in the fall, 9th and 10th graders must be enrolled in zero period PE or another sport. 11th and 12th graders can be a TA or in study hall until the season starts. |                         |   |                         | <b>IN SEASON</b><br><i>Competition : February 12-April 27 / Varsity Playoffs begin May 1</i>  |   |                           |                           |
| <b>Boys Volleyball</b>   | CONDITIONING  |                         |   |                         | <b>IN SEASON</b><br><i>Competition : February 17-April 20 / Varsity Playoffs begin April 25</i>   |   |                           |                           |
| <b>Track &amp; Field</b> | There is no Track Conditioning in the fall, 9th and 10th graders must be enrolled in zero period PE or another sport. 11th and 12th graders can be a TA or in study hall until the season starts.       |                         |   |                         | <b>IN SEASON</b><br><i>Competition : February 17-April 27 / Varsity Playoffs begin May 4</i>  |   |                           |                           |