

## **Social and Emotional Support Systems Sub Committee Meeting 6-3-2020**

Here is the information and work that has happened since our subcommittee meeting last week:

### **1. School Based Counseling:**

- Business as usual if we go back to school full time and regularly
- In a hybrid model, students could be seen on campus or virtual with social distance practices enforced
- If we are entirely virtual, all counseling would be done virtually.
- In terms of the referral process, the delay has always been in the timeliness of parents responding back to FSA. The good news is that in a Safe at Home scenario, the response time of parents to communicate back to FSA was greatly INCREASED – faster turnaround time! That is good news. What we could potentially do is make the referral forms available on district and school websites. Parents can return the completed forms to one central person at each site; potentially the assistant principal of guidance. It could reduce any delays. The AP would forward to FSA.

### **2. Student Centers**

- Business as usual if we go back to school full time and regularly
- In a hybrid model, students could “drop in.” However, FSA will have to triage and only allow a certain number of students in the center at one time.
- If we are entirely virtual, all counseling would be done virtually. Students would have access to immediate service in the case of an emergency or crisis via telephone. Students would also be available to go to the main FSA office for service in acute cases.

### **3. Student Counseling Groups**

- Business as usual if we go back to school full time and regularly. However, we need to rethink when groups take place. The current practice to offer groups is at lunch time. The problem is that many students are not willing to engage in a group session during lunch. I am working on principal feedback on this topic
- In a hybrid mode, groups can still be formed and held both at school and virtual. The determining factor would be based on what is the best fit for the kids involved.
- In an entirely online school model, group counseling would happen virtually.
- FSA is preparing to deal with groups on the topic of racism and discrimination. However, the greater emphasis needs to be on what principals are doing during the regular school day to address the culture and climate at the school. The “instructional” group is working on a schedule that may include time designated for Social Emotional Learning that could be used to address this topic.

### **4. The following are potential websites that can be used on a district and site website:**

- See attached from LACOE. If you go to page 32, you will see an entire section on Social Emotional Support Systems. There is a center column entitled “resourced with Hyperlinks. We can publish these and make them accessible on a district and school sites.

### **5. Communication**

- This is an ongoing topic of discussion. How and where we communicate this information is going to be important. I am looking forward to getting student feedback.

**Next Meeting June 10, 2020 at 6:00 p.m.**