

Social and Emotional Support Systems Sub Committee Meeting 6-10-20

Here is the information and work that has happened since our subcommittee meeting last week:

1. School Based Counseling:

- In a hybrid model, can we work with FSA to see if in person therapy can still take place if that is what the student and family prefer, recognizing it can't violate social distancing and recommendations from public health officials
- If we are entirely virtual, can we work with FSA to see if in person therapy can still take place if that is what the student and family prefer – recognizing it can't violate social distancing and recommendations from public health officials
- In terms of the referral process, the committee liked the idea of referral forms being accessible on the district and school websites. Our elementary principal shared with the group that the process to refer students seems different than the secondary. We decided to meet with Laurie separately to discuss the referral process specifically for elementary and how we can improve it if necessary.
- One of the biggest concerns from the group is how we will deal with the potential volume of students who will request school-based counseling. The demand may exceed our ability to respond appropriately and in a timely manner. This is a big concern with both staff and parents. We would like to begin discussion with FSA, including the potential for outsourcing services if we cannot meet the volume.

2. Student Centers:

- If we are entirely virtual, could there still be an option for face to face services, recognizing it can't violate social distancing and recommendations from public health officials.

3. Student Counseling Groups:

- Elementary is asking if there is the potential to add a group therapy option for younger kids as well, as needed and appropriate.

4. The following are potential websites that can be used on a district and site website:

- Members are reviewing the resources recommended by LACOE. If approved, we would include them on the resources page that already exists on the district website.
- Special Education will be reviewing resources that we could add to the district resource pages as well.
- School sites will post a hyperlink on their website that leads people back to the district website resource page.

5. Communication:

- This is on-going topic. We are working with student reps to look into communicating directly with students via Tik Tok or Instagram and other social media, in addition to what we already do.

6. Social Emotional Curriculum:

- We are looking into materials. Jennifer is going to check out Second Step; Tami is going to look at some materials through the lens of special education; John is going to get information from Tom Crowther on materials for secondary that he has been researching.
- The committee feels that this curriculum is going to be vital to the opening of school.

7. Committee Members:

- The committee will be adding new members:
Jodi Levy, School Counselor
Christina Harbridge, School Psychologist
Laurie Bleick, Director, FSA Intervention Specialist

Next Meeting June 18, 2020 at 6:00 p.m.