

Social and Emotional Support Systems

Final Document

A. School Based Counseling

1. With the reopening of school in August of 2020, the Burbank Unified School District will continue to work with the Family Service Agency (FSA) of Burbank to provide counseling service for our students, elementary through high school.
2. In a completely virtual school model, School Based Counseling services will continue uninterrupted via tele (mental) health and when deemed appropriate at FSA. FSA implemented tele (mental)health in the spring of 2020 when the County was on Safe at Home Orders. School based youth counseling tele (mental) health care remains currently available to students. The future delivery of on-site services will be determined by California State or County guidelines.
3. In a hybrid model, School Based Counseling services will be available on the school site, at FSA, or by tele (mental)health. FSA will continue to coordinate the delivery of individual/group care with families and school sites.
4. A "REFERRAL REQUEST FORM" for care and School Based Counseling Program information, for the School Based Counseling will be made available electronically at familyserviceagencyofburbank.org.

B. Student Centers at John Burroughs High School and Burbank High School

1. FSA's Student CARE Centers: With the reopening of school in August of 2020, care for high school students will continue, uninterrupted, in the Student CARE Centers at BHS, JBHS, and at FSA. Access to Student CARE Centers care is available by visiting the Student CARE Centers on site or by texting/calling the Student CARE Centers phone 818 333.6239.
2. In a hybrid model, access to Student CARE Centers care is available by visiting the Student CARE Centers on site and by texting/calling the Student CARE Centers 818 333.6239. FSA will continue to coordinate the delivery of Student CARE Centers care with students and school sites, particularly when impacted by state and county guidelines.
3. In a completely virtual model, student care continues uninterrupted, by calling or texting FSA's Student CARE Centers phone number 818 333.6239.

C. Social Emotional and Wellness – Resources

1. The Burbank Unified School District has created a repository of resources for families listed on the district website under, "Covid19 Student and Family Digital Resources Center." The resource page has been updated using recommendations from the LA County Office of

- Education for our current pandemic situation. The district has also posted recommendations from our counseling staff.
2. Every school website, will have a link to the district resource page. Doing so will ensure consistency in what resources are available district wide.

D. Social Emotional Learning (SEL)

1. The district recognizes that students have been isolated for several months. As we transition back to school in August of 2020, SEL becomes critical.
2. At the elementary level, all schools have access to Second Step curriculum. Second Step has developed curriculum to help students transition back to school given our Covid 19, pandemic situation. These materials will be used by elementary schools to deliver to students in the manner that the principal feels will work out well for the school site.
3. While the middle schools have access to second step, the materials have not been fully developed as they were for elementary. However, the middle school campuses have already been providing SEL curriculum schoolwide. They will continue using the model that is already in place.
4. Both high school principals are working together to design how SEL lessons will be delivered to students during the school year.