

Physical Activity Nutrition Wellness Committee Meeting
 April 23, 2019 3:30 pm to 4:30 pm
 MINUTES

Attending: Burbank USD representation: Debbie W., Kathy S., Johanna C.

2019-2020 Physical Activity-Nutrition Wellness Goals with Recommendations for BUSD

RECOMMENDATION	YES VOTE	NO VOTE	ADOPTED AS BUSD PAN-WELLNESS GOAL \ FOR 2019-2020
Recommend continuing to align the work of this committee with the guidelines for this committee under the Federal Wellness Policy.	6	0	YES
Recommend utilizing tools such as the Physical Education Curriculum Analysis Tool (PECAT) to crosswalk the existing Physical Education curriculum to Board policy guidelines, state, and national standards for Physical Education.	6	0	YES
Recommend utilizing tools such as the Health Education Curriculum Analysis Tool (HECAT) to crosswalk the existing Health Education curriculum Board policy guidelines, State, and National Standards for Health Education.	5	1	YES
Recommend reviewing protocols for Physical Education excuses and exclusions to ensure students receive the recommended physical activity, health fitness, and Physical Education for lifetime health benefits.	6	0	YES
Recommend reviewing the online Health Education option to ensure it complies with State law, Board policy, State and National Standards for Health Education.	6	0	YES
Update language in Board policy to reflect the correct BUSD district contact person for PAN-Wellness.	6	0	YES
Recommend expanding committee participation to the general public by changing meeting locations to community-based agencies such as the Burbank YMCA.	6	1	CONTINUE EXPANDING MEMBERSHIP, BUT RETAIN THE MEETINGS AT BUSD
Recommend expanding committee participation to include one elementary, one middle, and one high school site administrator along with a Board of Education member as committee members.	6	0	YES
Recommend reviewing the policies, guidelines, and enforcement protocols of snack sales during school, fundraising, and extracurricular events.			YES