




Wellness Physical Activity, Nutrition Meeting
 October 23, 2018 Monday 3:30pm-4:30pm
 JBHS, Room 8012

Agenda	Notes
 1. Goals for Student Wellness for Nutrition and Physical Activity 	Objective of the committee. Oversight committee looking at nutrition and PE. School Health index survey evaluation. Self assessment. A way to schools to evaluate and reflect.
2. Policies for A La Carte Food and Beverages 	Nutrition times serving students in need. School health. Index opinion Get. A secondary. School to buy. In then present to district. Muir may. Be a good school to start with. Richer. Said Catherine would be on board. Encourage PAN modular.
3. Guidance for Reimbursable Food and Beverages Provided Goal	
4. Policies for Food and Beverage Marketing goals	Try to make small inroads this year to set stage. For changes in snacks for next year? Elementary is more likely to be influenced. Start looking at elementary level fund raising and decide on recommendations. PTA buy in.
5. Policies for Physical Activity Marketing Goals 	Johanna will work with Peter to find fundraising options at schools. Kathy will work with PTA's. Where are we. on nutrition .
	Kathy and Johanna will reach out to Elementary PE leads MS and HS PE leads. Will include in minutes once info is obtained. Health promotion activities and advocacy, education.

Commented [DW1]:

