



BURBANK UNIFIED SCHOOL DISTRICT
Wellness-Physical Activity/Nutrition (PAN) Committee
Wednesday February 21, 2018
3:30 – 4:30 pm
JBHS Library

Agenda

Notes

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<p>1. Welcome</p> <p>2. Update on California Department of Education Review</p> <p>3. Board Policy recommendations</p> <p>4. School Health Index Assessments</p> <p>5. Resources</p> <p>Next meeting March 28, 2018 3:30pm JBHS Library</p>	<p>1. Attending: Johanna C., Morgan C. Lisa F. Kalissa M., Kathy S. Debbie W., Andre F., Sarra L., Lenora A., Rick S.</p> <p>Kathy welcomed new members and outlined the history and current status of our Burbank USD Wellness policy.</p> <p>2. Kathy shared that the CDE audit had two minor findings which were corrected before the audit was complete. CDE wants to use Burbank USD as a sample for other school districts.</p> <p>3. The policy contains 3 main components: nutrition services, nutrition education, and physical education required under the federal Healthy Hunger Free Kids Act.</p> <p>https://www.cde.ca.gov/ls/nu/he/</p> <p>Kathy asked for all to review BUSD Wellness policy with a focus on:</p> <ul style="list-style-type: none">• Afterschool fundraising activities• All health education teachers providing skills practice in health education for healthy eating• Minimal essential nutrition education topics outside of health education <p>Kathy and Johanna shared resources including those from CDC/USDA/Alliance for a Healthier Generation/Dairy Council.</p> <p>Lenora suggested non-food afterschool fundraising. After school is a grey area in regards to afterschool food fundraising.</p> <p>Committee needs to decide how to move forward with after school/events sales. Rick suggested doing a tier system rolling out a little each year. Right now the district does not have a policy on after school fundraising.</p> <p>Year One: introduce long term goals, provide education</p> <p>Year Two: present options</p> <p>Year Three: eliminate the bad stuff</p> <p>Year Four: Must meet standards</p> <p>Other policies were researched:</p>

<https://ed.sc.gov/districts-schools/nutrition/meal-programs/after-school-snack-program/>

This website thoroughly explains what is and is not allowed after school in South Carolina. Basically, anything that they can serve for lunch can be served after school.

<https://childnutrition.ncpublicschools.gov/programs/assp>

North Carolina uses this program to get children to want to eat healthier snacks and choose healthier options. This is a smart way to get kids to eat right and adults to understand the importance of it while serving the food.

Would like to have approval before the end of the school year.

Being consistent on the message is important

4. Johanna shared the School Health Index for both ES and MS/HS. Please review and determine if the nutrition / physical activity / physical education component is worth applying to Burbank USD.

<https://www.cdc.gov/healthyschools/shi/index.htm>