

BURBANK UNIFIED SCHOOL DISTRICT  
HEALTH SERVICES DEPARTMENT

GUIDELINES FOR EXCLUSIONS

**Children may be excluded from attendance at school if any of the following conditions are observed:**

**Temperature:**

- Fever of over 100° by “fever scan” or oral thermometer
- Any child sent home with a fever should not be returned until temperature has been normal for at least 24 hours and shows no signs of illness
- Exclusions of five days or more require readmittance by the school nurse or the family physician

**Skin:**

- A skin lesion or rash on any body part, unless found to be non-contagious by a physician.
- Pediculosis (head lice) and/or nits (eggs) in the hair

**Throat and Chest:**

- Inflamed throat or tonsils
- Signs of an acute cold and nasal discharge
- Cough - accompanied by other signs of illness

**Nasal Discharge:**

- Nasal discharge when accompanied by fever or other symptoms of illness

**Ears:**

- Any sign or complaint of ear discomfort/pain or drainage

**Eyes:**

- Red or inflamed eyes, one or both
- Exudate (pus and/or matter) on eyelids, one or both

**Other Symptoms for Possible Exclusion:**

- |  |                                  |
|--|----------------------------------|
| • Vomiting or nausea, at home or in school | • Headache                       |
| • Diarrhea (loose, frequent stools)        | • Listlessness and marked pallor |
| • Chills                                   | • Convulsions                    |
| • Limping or abnormal gait                 | • Swelling of any body part      |
| • Discharge from genitalia                 | • Stomach and/or abdominal pains |

**OR:**

Any other signs of not being in a normal state of health

**Readmission:**

- Reportable communicable diseases must be reported to the school. Clearance to return to school must be obtained from your physician prior to admission
- Children excluded for pediculosis (head lice) may only be readmitted by the school nurse
- Children with braces, casts, crutches and/or stitches must have a physician’s clearance prior to readmission. The physician’s clearance should note any activity restrictions

Readmittance procedure is based on type of exclusion.