

STAYING ON TRACK

JOHN BURROUGHS HIGH SCHOOL

10TH GRADER

Use the **O*Net Interest Profiler** to help find out what your interests are and how they relate to the world of work. It can also help you decide what kinds of careers you might want to explore

www.mynextmove.org/explore/ip



Take the PSAT & connect to Khan Academy for free SAT practice/plan:
sat practice.org
collegeboard.org

Keep up your grades & get help during the Academic Excellence period.



Decide whether the JBHS Medical Academy or the Engineering Academy is right for you!
See Ms. Chung in the counseling office.

Join an activity/organization in school or in the community!
Use **justserve.org** to find local nonprofit service learning opportunities.



See your counselor if you have any questions about graduation & college admission requirements!

Speak with your teachers first if you are having difficulty in your academic classes.



Stop by the **College and Career Center for** resources and help available to complete your required 10 Service Learning Hours!

Start researching colleges and possible majors:
bigfuture.collegeboard.org



www.burbankusd.org/JBHS

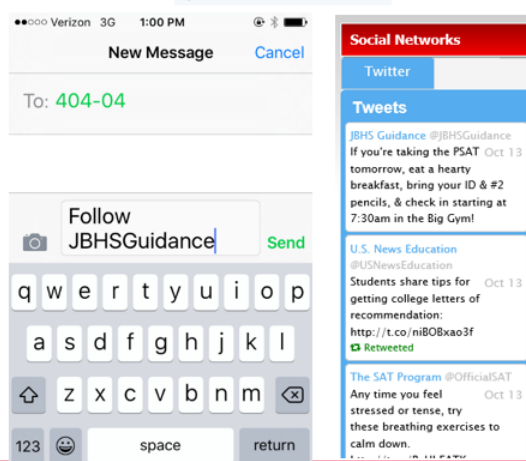
JBHS Counselors

Alphabet/Caseload	Counselor Name	Phone	Email
Engineering and Medical Academies	Lisa Chung	X61953	lisachung@burbankusd.org
A - ENTZ	Sheila Masters	X61950	sheilamasters@burbankusd.org
ER - LEE	Jessie Steinberg	X61952	jessiesteinberg@burbankusd.org
LEI - REZ	Hung Truong	X61951	hungtruong@burbankusd.org
RI - Z	Jodi Levy	X61954	jodilevy@burbankusd.org
Intervention	Jennifer Sohn Lim	X61955	jennifersohnlim@burbankusd.org



GET UP-TO-DATE INFORMATION!

- Follow us on Twitter @JBHSGuidance
- Check the JBHS website
- Receive our tweets via text
 - Text "Follow JBHSGuidance" to the number 40404 (message & data rates may apply)



<http://admission.universityofcalifornia.edu/counselors/freshman/comprehensive-review/>

Top 3 factors for college admission:

1. Grades
2. Rigor of Courses
3. SAT or ACT Scores



Other factors for college admission:

- * Extracurricular Activities
- * Community Service
- * Leadership
- * Special talents, achievements and awards in a particular field
- * Special circumstances in a student's life