

JANUARY 10, 2022

Burbank Unified's Isolation Protocols for Students and Employees

I Have Symptoms of COVID-19

(See symptom list below)

Stay Home Until:

- You take a negative COVID-19 test (BUSD testing clinics available) **OR**
- At least 10 calendar days have passed since your symptoms first started **AND**
- You have not had a fever for at least 24 hours **AND**
- Your symptoms are improving

If Positive,

- Follow the "COVID-19 Positive with symptoms" section
- **Isolate** at Home



If Negative,

- Stay home until fever free for 24 hours and symptoms have improved
- This applies to everyone regardless of vaccination status

COVID-19 Positive with Symptoms

(If the test was administered at a non BUSD site, or was an at-home rapid self test, upload the results through your school site's web page or provide results as instructed by your school)

Stay Home Until:

- At least 5 days* have passed since your symptoms started **AND**
- You have a negative COVID-19 test collected on or after day 5 **AND**
- You have not had a fever for at least 24 hours **AND**
- Your symptoms are improving

*Your first day of symptoms is day 0

If Positive After Day 5,

- Stay home 10 calendar days after your symptoms started **AND**
- You have not had a fever for at least 24 hours **AND**
- Your symptoms are improving
- Consult your medical provider

COVID-19 Positive with NO Symptoms

(If the test was administered at a non BUSD clinic, or was a home test, upload your results through your school site's web page or provide results as instructed by your school)

Stay Home Until:

- At least 5 days* have passed since the day your initial positive test was taken **AND**
- You have a negative COVID test collected on or after day 5

*Day 0 is the day your positive test was taken

If Positive After Day 5,

- Stay home for 10 calendar days after your initial positive result
- Consult your medical provider
- If you take another test after Day 5, and it is negative, you may return if no symptoms or symptoms have improved, and fever free for 24 hours

COVID-19 Symptoms:

- Fever or Chills
- New Cough - Not from Asthma/Allergies
- Difficulty Breathing

- Fatigue
- Runny or Stuffy Nose
- Diarrhea
- Vomiting

- Body Aches
- Headache - Especially with a Fever
- Sore Throat
- New Loss of Taste or Smell

Isolation at Home:

Wear a well-fitting mask over your nose and mouth when you are around others, indoors and outdoors, for a total of 10 days. This includes around household members.

- Adults should wear a well-fitting medical grade mask (surgical or respirator)
- Children should wear a well-fitting, non-cloth mask with a nose wire

See www.burbankusd.org for more information

For more information on Covid-19 information and testing clinics visit www.burbankusd.org

For additional questions, visit www.burbankusd.org

Burbank Unified will continue to collaborate with our health partners at the county and state levels, as well as our community partners. We also continue to review updates to county, state and federal guidance on a daily basis, and we may adjust policies accordingly.

