

# Back to School Night

Welcome Freshmen Parents



September 4,  
2019

Presented by:

Yesenia Lopez  
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# The 2019-2020 BHS Counseling Team



Assistant  
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# COUNSELORS

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# COUNSELOR ACTIVITIES

- Academic Advisement
- Personal or Emotional Counseling
- Crisis Intervention
- Academic Intervention
- Parent Advisement
- Parent/Student/Teacher Conferences
- Coordinate other Resources



# KEYS TO SUCCESS IN HIGH SCHOOL



# PBIS

## PBIS – Positive Behavioral Interventions & Supports

### **What is PBIS?**

- PBIS is a research-based approach that focuses on creating safe and positive environments that are more conducive to learning.
- PBIS uses proactive strategies to support pro-social behaviors.
- PBIS provides a continuum of supports, including rewards and consequences, in all environments.
- PBIS provides consistent routines, language and expectations.

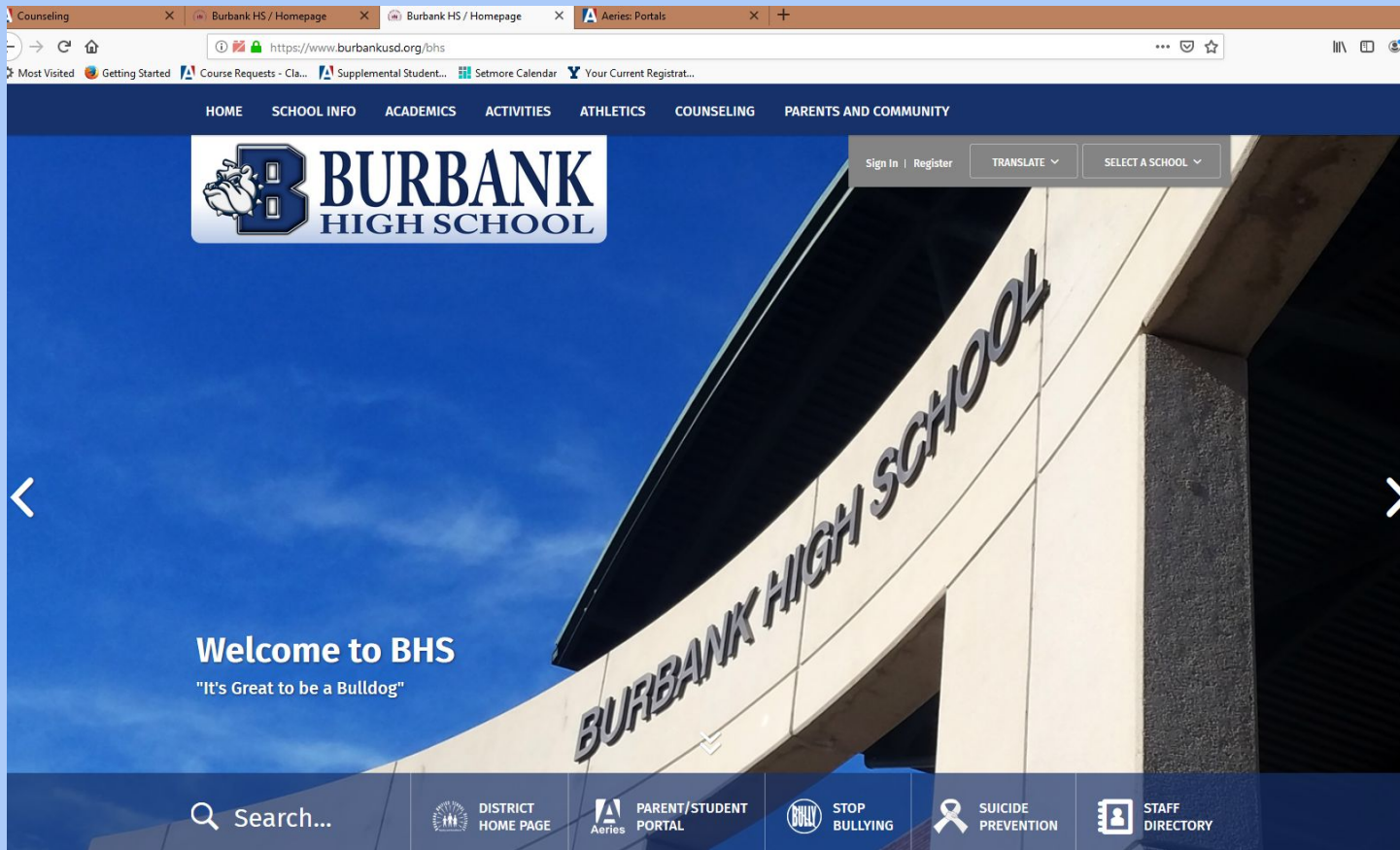
### **PBIS at BHS**

- School wide expectations will be taught throughout the year.
- Teachers and staff will help students to learn what these behaviors look and sound like in all school settings.
- Meaningful and consistent consequences and rewards will be enforced.
- Behaviors will be taught and reinforced during every aspect of the school day and will become a regular part of instruction.

- Attendance
- Complete All Assignments
- Consistent Study Routine at Home
- Parent Involvement
- Help/Use available resources
- School Involvement



# Burbank High school Website



[Burbank High School - Burbank Unified School District](https://www.burbankusd.org/bhs)



# Parent Involvement ...

1. Discuss Assignments with your student
2. Connect with your student's teacher (email is great)
3. Check the BUSD ATHOME Portal
4. Check the BHS website regularly (video bulletin..)

# SOURCES OF HELP

## Teachers

- Ask questions in class
- Ask for help after school
- Ask other teachers
- Other Students
- Share notes
- Study in pairs or small Groups
- Exchange phone numbers with “study buddies”

## Counselor

- Coaching/Advice
- Study Skills help
- Mediation
- Coordination of other help.

## Wellness Center

# The Four Year Plan

An annual meeting with a counselor to develop and review academic and career goals.



# COMPONENTS

- Career Selection Process
- Post-High School Education and Training Options
- Assessment of Progress Toward:
  - High School Graduation
  - University Eligibility
- Remedial Plans
- Course Selection for the Following year

# COLLEGE TIME LINE

- 9<sup>th</sup> Grade
  - Earn the best grades possible
  - Select challenging courses for next year
  - Visit the Career Center (college visits)
- 10<sup>th</sup> Grade
  - PSAT (October)
  - SAT Subject Tests (?)
- 11<sup>th</sup> Grade
  - PSAT (October)
  - SAT/ACT (Jan-June)
  - SAT Subject Tests for UCs / Priv Unis
  - Start researching colleges
  - Visit campuses if possible (virtual tours?)

# COLLEGE TIME LINE

12<sup>th</sup> Grade

- Repeat SAT (?)
- CSU Application (October)
- UC Application (November)
- Private Universities (Dec-Jan)
- Scholarship Applications  
(starting in fall)
- Free Application for Federal Student Aid (FAFSA) (October)
- Community College/Trade School  
(Jan/Feb)

# GRADUATION/COLLEGE REQUIREMENTS

Courses Required	BUSD HS Diploma Minimum of 230 Credits	California State University (CSU) System	University of California (UC) System
A. History/Social Science	3 years required (30 credits)	2 years required	2 years required 3 years recommended
B. English	4 years required (40 credits)	4 years required	4 years required
C. Mathematics	2 years required (20 credits) (Must complete Algebra1)	3 years required 4 years recommended	3 years required 4 years recommended (Algebra 1 and 2, and Geometry)
D. Laboratory Science	2 years required (20 credits) (1 year of biological science and 1 year of physical science)	2 years required (1 biological science and 1 physical science)	2 years required 3 years recommended including: Biology, Chemistry, Physics
E. Language Other Than English	Not required for a diploma	2 years required (same language)	2 years required (same language) 3 years recommended
F. Visual & Performing Arts	1 year required (10 credits)	1 year required	1 year required
G. College Preparatory Electives	1 year Practical Art (10 credits) A third year of a language may count as Practical Art credit	1 year required Additional courses from any area listed above	1 year required Additional courses from any area listed above
<b>OTHER REQUIREMENTS</b>	1 year of Health & Careers 10 hours of Service Learning  2 years Physical Education Must pass physical fitness test  Elective Credits = 70+  Must pass CAHSEE (California High School Exit Exam)	A "D" in any class is not acceptable for admission. Credits only count with a "C" or higher.  If GPA is less than 3.0: SAT scores or ACT scores are required	A "D" in any class is not acceptable for admission. Credits only count with a "C" or higher.  GPA must place student in top 9% of applicants  SAT and/or ACT scores are required

Questions?