Camp Details

General Skills Camp: Participants will learn the fundamentals of volleyball that include the forearm and overhead pass, set, spike and serve. They will improve those skills through repetitive practice and individualized instruction and feedback. Offensive and defensive formations and strategies will also be taught, including serve reception, blocking and digging. All skills will be showcased in team drills, scrimmages and tournament play.

Setter/Hitters Camp: The Setter/Hitter Camp is for athletes who already have established themselves as a setter or hitter and want to improve these skills. This session focuses specifically on improving hitting or setting techniques for improved execution during game situations. Players enrolling in this camp should be ready for intermediate/advanced skills training.

<u>Serve/Pass/Defense Camp</u>: This skill-specific camp focuses on passing and defensive techniques, including forearm passing, overhead passing, digging and reading the hitters. Serving will also be an emphasis as a defensive tool.

Session IA - General Skills Camp June 8-11 2-5pm \$160

Session IB – Setters/Hitters Camp June 8-11 2:00-3:30pm \$120

Session IC – Serve/Pass/Defense Camp June 8-11 3:30-5:00pm \$120

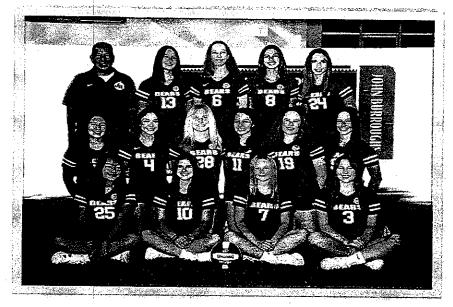
Session II - General Skills Camp July 13-16 9a-12pm \$160

Session III - General Skills Camp August 3-6 12-3pm \$160

Registered participants will receive a T-shirt, knee pads and water bottle. (Discount \$20 for enrolling in Sessions IB & IC; Also \$10 off for enrolling in 2 general sessions)

Camp Staff

Edwin Real is the camp director and Head Volleyball Coach at Burroughs High School. He has been teaching and coaching for over 20 years. His rotating staff will include Burroughs Volleyball Coaches from the girls and boys program, former Burroughs All League performers and current college players, as well as current Burroughs Volleyball players. Coach Real's staff will provide meaningful instruction and feedback with game-like repetitions. Equally important to skill development, all participants will have FUN!



Burroughs Volleyball 2021
League Champions 14-0
Learn from some of the best in the Pacific League!
For additional info, please call
(818) 729-6900 or email
realvbcamp@aol.com